



2026

CENTENNIAL BANK

SWIMMING & DIVING CHAMPIONSHIPS

ADMISSION:

General Admission - \$8.00 PER DAY. All AAA pass cards for the current school year, including Corporate Sponsorship passes, will be honored. **Coaches: Please inform your team members & their families of admission fees to prevent problems at the gate.**

AWARDS:

Farm Bureau Insurance sponsors all awards. Medals will be awarded to the first six (6) places in each event in each of the three classifications; team trophies will be given to the state champion and the state runner-up in each of the three classifications.

BANNERS, FLAGS, AND NOISE MAKERS:

No bands of any size or nature, no noise makers (including megaphones), and no banners, emblems, balloons, or placards will be permitted.

CHECK-IN:

- A. The head coach or school representative must check in for the team. At the meeting, Information and materials about the championships will be distributed.

CONDUCT:

- A. No team personnel/competitor shall act in an unsportsmanlike manner. This includes any act the referee deems unsportsmanlike, including but not limited to the following:
 1. making insulting or derogatory remarks, gestures, or acts, including taunting;
 2. trying to influence or showing disgust with the official's decisions;
 3. interfering with the meet officials in the performance of their duties.
- B. No team personnel/competitor shall enter the water without the referee's approval.
- C. No competitor shall contact the bottom of the pool to gain an advantage during a race.
- D. Competitors shall leave the pool promptly when requested by the referee.
- E. No team personnel/competitor shall perform any on-site shaving before, during, or after the meet.

CONTACT:

6A Meet Director	6A Meet Management Software Scorer
Mitzi Wenglarski mwenglarski@yahoo.com	Kari Penturf bhsswimdive1@gmail.com

5A Meet Director	5A Meet Management Software Scorer
Adam Nelsen coachadam@casracer.com	Monica Nelsen monica@casracer.com

4A - 1A Meet Director	4A - 1A Meet Management Software Scorer
Adam Nelsen coachadam@casracer.com	Monica Nelsen monica@casracer.com

DATES:

February 27, 2026

February 28, 2026

DECK:

Only officials, coaches, athletes, and qualified personnel are allowed in **designated areas**. Qualified personnel include: referees, a starter, stroke inspectors, turn, takeoff, and finish judges, timers, a scorer, a recorder, an announcer, a meet committee, and a meet director. Team personnel includes coaches, manager (1), and participating competitors. **No team members will be permitted who have not qualified for an individual event, or a relay, or who have not been designated as a potential swimmer on a relay. The press must have credentials issued through the AAA office.**

DIVING:

To be eligible for certification to the State Swimming and Diving Meets (**in all classifications**), a diver must have successfully performed the 11 dives that they will dive at the state meet at a high school invitational meet, or the district meet during the current season, and meet all other participation requirements. (The rationale for this rule is that the diver should be able to complete the 11 dives that they will dive in the state meet.) **All divers should be declared in Swimcloud so that they will be in the meet file from Swimcloud.**

Dive Live will be used for the State Meets. Each coach with a diver will need to download the Dive Live app onto their phone or go to www.scoresandmore.live on a desktop, and create an account as a coach. Your divers will need to create their account and request to be a part of your team. Coaches will need to accept their request to be on your roster before they can enter the meet and submit dive sheets. It may take a few days for this process to be complete, as the administrators with Dive Live have to verify that you are the coach for the team.

If you have any questions regarding diving for your state meet, contact the individual below:

	6A		5A & 4A-1A
Name:	Alex House		Adam Nelsen
Email:	alexphouse@gmail.com		coachadam@casracer.com
Phone:	636-577-7566		501-744-3713
Deadline	4 PM Friday, Feb 13th		4 PM Friday, Feb 13th

ENTRIES & DEADLINES:

- A. Coaches, **DO NOT** enter any athletes into the state meet platform in Swimcloud until **AFTER** your conference swim and dive meet.
- B. Entries will open on **FRIDAY, FEBRUARY 13, 2026**. All entries must be completed no later than **10 PM TUESDAY, FEBRUARY 17, 2026**. **If an athlete(s) who was previously not entered in an event(s) is allowed to enter an event(s) after the deadline, the school will be fined \$150.**
- C. **Entries by Teams** – Each team shall be permitted a maximum of four (4) entries in an individual event and one (1) team in a relay event after the scratch-down deadline.
- D. **Entries by Individuals** – A competitor shall be permitted to enter a maximum of five (5) individual events pre-scratch; however, **he/she shall not be permitted to compete in more than FOUR (4) EVENTS, NO MORE THAN TWO (2) OF WHICH MAY BE INDIVIDUAL EVENTS***.
- a. ***Example: (1) individual event & (3) relay events or (2) individual events & (2) relays.**

PRE-SCRATCH PSYCH SHEET ENTRIES:

A competitor shall be permitted to enter a maximum of five (5) individual events through the declaration deadline. Any individuals who remain over-entered after the declaration deadline will be scratched from all individual events after the first five. **If the competitor's last event is their best event, you must pay close attention to the number of events your competitor is declared for.** Relays will not count against the (5) individual total. A Pre-Psych Sheet Exceptions Report will be run.

- A. ***Example: John Doe is entered in event numbers: #4-200 Freestyle, #8-50 Freestyle, #14-100 Freestyle, #16-500 Freestyle, #20-100 Backstroke, and #22-100 Breaststroke. In this scenario, the competitor would be removed from the 100 Breaststroke to be in line with the (5) individual max entries.**

SCRATCHES:

Although teams will be permitted to over-enter swimmers (up to five individual events), individuals are **not** permitted to compete in more than four (4) events, of which no more than two (2) may be individual events. See the example above. A **"Scratch Deadline"** for those individuals over-entered is set for no later than **6:00 PM FRIDAY, FEBRUARY 20, 2026**. Any individuals who remain over-entered after the scratch deadline will be scratched from all individual events after the first two. To scratch individuals from their events, email the highlighted information below, **in this exact format**, to the appropriate contact (listed below) for your classification meet:

Each coach may submit one email listing **ALL** scratches for the boys' team and a separate email listing **ALL** scratches for the girls' team.


COACHES: PLEASE INCLUDE TWO METHODS OF CONTACT INFORMATION THAT WILL BE CHECKED REGULARLY DURING THE SCRATCH-DOWN PERIOD IN CASE QUESTIONS ARISE.

Ex. Email, text, or both.

Name:	John Doe
Gender:	Male
School:	EFG High School
School Classification:	4A
Event# and Event:	#8 – Boys 50 Free, #12 100 Fly, #22 100 Breast

ENTRY PROCESS:

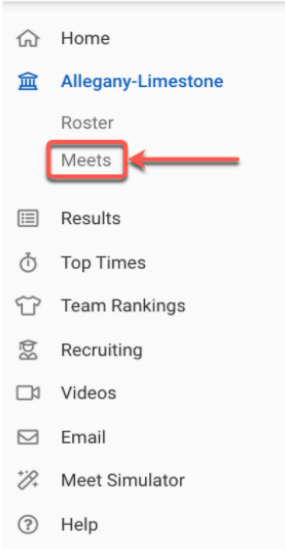
- [Swimcloud](#) is the official platform for the state swim meets.
- All declarations for the state meet will be done through Swimcloud ([Swim Meet Entries](#)) in your coach's administration platform. **Follow the directions below. If you do not have your Swimcloud login information or need assistance with the process, please contact Swimcloud's Arkansas rep, Scott Kitzman, at scott@swimcloud.com.**
- [SwimCloud Help Pages For Online Meet Entries](#)



SwimCloud

Swim Meet
Entries

For High School Coaches



Step #1


Log Into Your SwimCloud Account

Select Meets From The Left Menu

Hint: Make Sure Your Roster Is Up To Date

Reminder: Your entries are only visible to you! Only after the entry deadline has passed, the meet manager can download your entries.

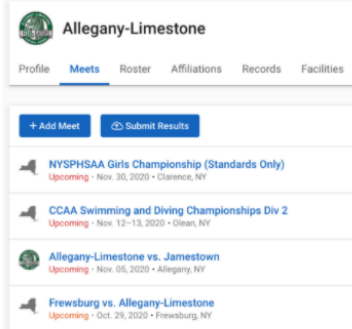
(In Step #2, select the appropriate AAA State Swim Meet. The information in the slide below is only to serve as an example.)



SwimCloud

Swim Meet Entries

For High School Coaches



Step #2


Select the meet you're entering. If your opponent, or Meet Director, added your team to a meet it will show up on your schedule here.

If it doesn't exist, select the **+Add Meet** Button

If you have a meet result file you can upload it with the **Submit Results** Button

(In these and other illustrations, the meet names are just an example. Your specific AAA State Meet will be at the top of your page.)

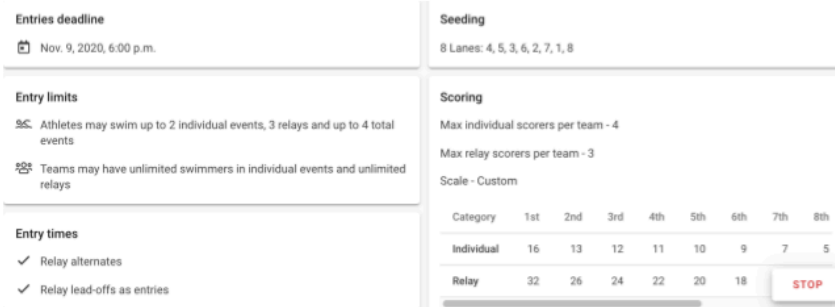
You can edit the selections as needed through TUESDAY, **FEBRUARY 17, 2026**.



SwimCloud

Swim Meet Entries

For High School Coaches



Step #3

Select the **Rules** tab.

Review the meet entry rules including the entry deadline, entry limits and more

REMINDER: You may declare only those athletes who have achieved a state-qualifying time in a respective event or athletes that you believe will be in the top 16 swimmers, except for relays. Any potential swimmer who may swim on a relay must be entered in that relay as a potential or alternate.

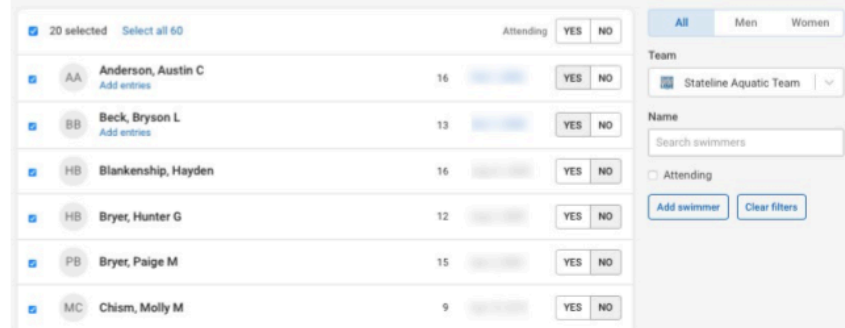
You may list up to 8 swimmers. Swimmers listed as relay members or alternates must meet the criteria for the number of events entered. (No more than two individual events, no more than three relays, and no more than four events total.)



SwimCloud

Swim Meet
Entries

For High School Coaches



20 selected Select all 60		Attending		YES	NO
AA	Anderson, Austin C Add entries	16	<input type="checkbox"/>	YES	NO
BB	Beck, Bryson L. Add entries	13	<input type="checkbox"/>	YES	NO
HB	Blankenship, Hayden	16	<input type="checkbox"/>	YES	NO
HB	Bryer, Hunter G	12	<input type="checkbox"/>	YES	NO
PB	Bryer, Paige M	15	<input type="checkbox"/>	YES	NO
MC	Chism, Molly M	9	<input type="checkbox"/>	YES	NO

Step #4

Select the **Swimmers** tab.

Filtering options are at the top and right side of the screen

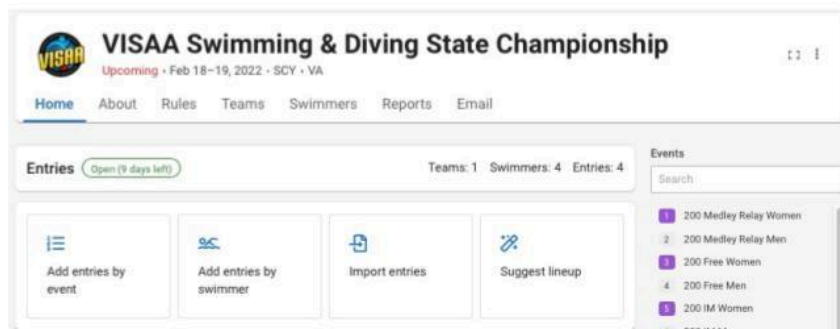
Check off your swimmers that are attending the meet



SwimCloud

Swim Meet
Entries

For High School Coaches



VISAA Swimming & Diving State Championship
Upcoming • Feb 18–19, 2022 • SCY • VA

Home About Rules Teams Swimmers Reports Email

Entries [Open \(9 days left\)](#) Teams: 1 Swimmers: 4 Entries: 4

[Add entries by event](#)
[Add entries by swimmer](#)
[Import entries](#)
[Suggest lineup](#)

Events

- 200 Medley Relay Women
- 200 Medley Relay Men
- 200 Free Women
- 200 Free Men
- 200 IM Women
- 200 IM Men

Step #5

Select the **Home** tab.

Complete your entries by event, by swimmer, import a Hytek entry file, or let us suggest your lineup!



SwimCloud

Swim Meet Entries

For High School Coaches

Finalizing Your Entries

Select the **Reports** tab.

Use the **Matrix** report to review your entries. You can print this out and easily share this with your swimmers.

You can also review your entries by selecting the **Entries** tab, and clicking on your team's name. That will bring up an entry review report that you can sort by event, swimmer, or entry error.

After the entry deadline has passed, the meet manager will be able to download your entries and import them into **Meet Manager** or other meet management software.

IMPORTANT NOTE:

THE 6A STATE CHAMPIONSHIP MEET WILL CONDUCT A MINIMUM OF TWO FULL HEATS (TOP 16 SWIMMERS) IN EACH EVENT, REGARDLESS OF QUALIFYING TIMES STANDARDS.

THE 5A STATE CHAMPIONSHIP MEET WILL CONDUCT A MINIMUM OF TWO FULL HEATS (TOP 16 SWIMMERS) IN EACH EVENT, REGARDLESS OF QUALIFYING TIMES STANDARDS.

- YOU MAY ENTER INDIVIDUALS WHO HAVE NOT ACHIEVED A QUALIFYING TIME **ONLY**, IF YOU BELIEVE THEY MAY BE AMONG THE TOP 16 SWIMMERS IN ANY EVENT.

THE 4A-1A STATE CHAMPIONSHIP MEET WILL CONDUCT A MINIMUM OF ONE FULL HEAT (TOP 12 SWIMMERS) IN EACH EVENT, REGARDLESS OF QUALIFYING TIMES STANDARDS.

YOU MAY ENTER INDIVIDUALS WHO HAVE NOT ACHIEVED A QUALIFYING TIME **ONLY**, IF YOU BELIEVE THEY MAY BE AMONG THE TOP 12 SWIMMERS IN ANY EVENT.

NO ALTERNATE SCRATCH POLICY:

When the top 16 (or 12 for 4A-1A) are set after the final scratches on February 18th, there will NOT be alternates if one or more of the top 16 (12) swimmers is/are unable to compete.

IMPORTANT DEADLINES:

ENTRY DEADLINE:	TUESDAY, FEB. 17, 2026	10:00 PM
PSYCH SHEET POSTED ON AAA WEBSITE (www.ahsaa.org)		Noon – Feb 18, 2026
SCRATCH DEADLINE:	FRIDAY, FEB. 20, 2026	6:00 PM

FALSE START:

The swimmer or relay team is disqualified from the event. In championship meets, when there is dual confirmation of a false start by the referee and starter, the swimmer or relay team is disqualified.

LOCKER ROOMS:

The facility will provide the use of locker rooms for the championship. Teams will not have assigned lockers, and locks will not be issued. Competitors, coaches, and officials must assume responsibility for securing their valuables. The facility will accept no responsibility for articles that are lost or stolen.

MEDICAL PROFESSIONALS:

It is the responsibility of the host team to have trained medical assistance available at the meet.

MEET COMMITTEE:

The state meet committee will consist of:

- A. Meet Manager
- B. Referee (ex officio)
- C. Diving Referee (ex officio)
- D. Other knowledgeable swimming and diving persons comprise an odd number of committee members.

NOTE: The referee or diving referee should not serve as a member of the committee if the committee is acting on the referee's or diving referee's decision. The committee's decision is final.

PROTEST:

No protests are allowed on the decisions of swimming and diving officials.

QUALIFYING

For a contestant to be entered in any event in the state meet, he/she must have met the established qualifying time or performance in the event in a certified state qualifying meet, with the results uploaded to <https://www.swimcloud.com/>. The time entered at the state meet in an event is the best time to swim in that event during this season.

RULES:

The Arkansas Activities Association state high school swimming and diving championships will be conducted under the rules established by the National Federation of State High School Associations' Rule and Case book.

RULES (ON-SITE):

Fifteen meters (16.4 yards) will be marked so referees can adequately judge the underwater distance of a butterfly, backstroke, or freestyle swimmer. The use of a visual lap-counting system is optional, but one must be provided. A lap counter is positioned at the end of the pool opposite the start. The lap counter changes the visual counter as the competitor makes each turn at the starting end. The solid fluorescent orange card indicates the final turn of the race.

State Swim Meets Schedules

SCHEDULE: The 6A Championship Meets (Bentonville Community Center)

FRIDAY, FEBRUARY 27, 2026

Diving State Championship

12:00 - 1:30 PM	All warm-up
1:30 - 2:00 PM	Boys Only Warm-up
2:00 - 4:00 PM	Boys Competition Starts
4:00 - 4:30 PM	Girls Only Warm-up
4:30 - 6:30 PM	Girls Competition Starts

Saturday, FEBRUARY 28, 2026

Swimming State Championship

9:00 -10:50 AM	All warm-up
11:00	Swim State Meet Competition

AWARDS PRESENTATION – 6A STATE SWIM MEET EVENTS

SCHEDULE: The 5A and 4A-1A Championship Meets (Benton Aquatic Center)

FRIDAY, FEBRUARY 27, 2026

Diving State Championship

3:00 PM	Pool opens for Diving warm-up
4:30 PM	Coaches Meeting
5:00 PM	Diving Competition Starts

SATURDAY, FEBRUARY 28, 2026:

5A-State Swim Meet:

6:30 AM	5A teams can enter the Event Center
7:00 AM	Pool opens for First warm-up
8:40 AM	Starts
8:45 AM	Swim Coaches Meeting – On-Site
9:00 AM	5A Classification Swimming Competition begins

AWARDS PRESENTATION – 5A STATE SWIM MEET EVENTS

Clear Event Center

4A-1A State Swim Meet:

1:30 PM	4A-1A teams can enter the Event Center
2:00 PM	Pool opens for first warm-ups
3:40 PM	Starts
3:45 PM	Swim Coaches Meeting – On-Site
4:00 PM	4A-1A Classification Swimming Competition begins

AWARDS PRESENTATION – 4A-1A STATE SWIM MEET EVENTS

SCORING:

6A

Scoring will be to **16** places as follows:**RELAYS:** 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2**INDIVIDUAL:** 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

5A

Scoring will be to **16** places as follows:**RELAYS:** 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2**INDIVIDUAL:** 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

4A-1A

Scoring will be to 12 places as follows:

RELAYS: 40-34-32-30-28-26-24-22-18-14-12-10**INDIVIDUAL:** 20-17-16-15-14-13-12-11-9-7-6**UNIFORMS:**

- A. It is **recommended** that all swimmers and divers on the team wear suits of identical coloring and pattern. A competitor shall not be permitted to participate if wearing a suit that is not of decent appearance. Boys shall wear suits that cover the buttocks. Girls shall wear suits that cover the buttocks and breasts.
- B. Competitors shall not be permitted to compete in attire that includes advertising or a name other than the name of the competitor, school, or mascot, except a visible logo/trade name not exceeding 2 ¼ square inches and not exceeding 2 ¼ inches in any dimension, and one American flag not exceeding 2 x 3 inches are permissible on each item of uniform apparel.
- C. Competitors shall not wear or use any device to aid their speed or buoyancy. Goggles are permitted, and a foreign substance may be applied to the body. The referee shall require a competitor who uses an excessive amount of a foreign substance to remove it before competing.
- D. A competitor with a disability may use equipment provided, in the judgment of the state association, if no advantage is gained. The written approval of the state association must be made available to the meet referee.

VIDEO:

- A. Filmmers or videographers will be permitted in the spectator area and must have an AAA-issued camera tag.
- B. Videotape or film will not be used in judging any swimming/diving event.

WARM-UP PROCEDURES:

The following warm-up procedures will be followed:

- A. The Meet Director and/or Meet Coordinator shall be on deck during the entire warm-up period.
- B. Swimmers shall enter the water feet first except for starts, which are limited to specified lanes.
- C. With 15 minutes remaining in the warm-up period, lanes 2 through 7 will be one-way sprint lanes with racing starts permitted at the competition end of the pool.

- D. Outside lanes (1 & 8) will be designated as pace lanes (swimmers swim one or two lengths from an in-water push-off position from the starting end of the pool).
- E. The lanes at the far end of the pool will be for general warm-up and circle swimming.
- F. With 5 minutes remaining in the warm-up period, the meet director may designate specific lanes for relay exchanges if requested.
- G. Coaches should stand at the starting end of the pool and verbally start swimmers for sprint or pace work.
- H. Swimmers will not be allowed on a starting platform when a backstroker is executing a start in the same sprint lane.
- I. Swimmers shall not swim in the area where the diving warm-up is occurring.
- J. Meet management or a designated official may remove a swimmer, coach, and/or team from the deck for violations of these warm-up procedures.**

WATER CONDITIONS:

- A. Water conditions will be such that the bottom and end lane line markings can be clearly seen while standing at the midpoint on either side of the pool.
- B. It is recommended that the water temperature be no less than 78^o Fahrenheit and no more than 82^o Fahrenheit. The level of the water will be at the overflow rim of the pool.
- C. All state and local rules and regulations will be followed.
- D. When the water conditions do not meet the rule specifications, the referee may declare the meet not to be conducted.