

“Spring Splash Swim Meet”

April 10th, 2021

Hosted by: PAC Dolphins Swim Team

Event Code: 1KARSW0655

Sanction Information:

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

* All participants must have a current AAU membership.

* AAU membership may not be included as part of the entry fee to the event.

* AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership

Entry Deadlines:

All events and entries are **due by 3:00pm on Tuesday, April 6th 2021**. Proof of AAU registration must be available upon request. Please email meet entries to beadolphinsswimmer@gmail.com

Registration Fee:

- \$38.00 Surcharge includes 5 individual events, 2 relays, facility surcharge, & emailed heat sheet.
- Deck entries will be accepted with proof of AAU Membership. NO new heats will be created.
- Deck entry fee is \$45.00. No new heats will be created.
- Meet is limited to 80 swimmers in the building at once. If more than 80 are registered we will run an outdoor bullpen and cycle swimmers in/out of the building as they race.

All registration fees must be paid to Meet Director prior to the meet start. Checks should be made out to PAC Dolphins. Please, one check per team (multiple checks from individual parents will not be accepted)

Eligibility:

All AAU registered athletes and AAU registered teams are eligible. **Proof of AAU registration must be presented upon request.**

Entry information:

- Should include swimmers name, and seed time.
- If you are able to estimate a NT, please so do. It helps seed the meet accurately.
- Each swimmer is allowed 2 relays and 5 individual events.
- Yard times must be converted to short course meter times.
- Swimmers age as of April 10th, 2021 will determine their age group for the meet.
- Swimmers cannot swim in more than one age group.
- BONUS Events are 400 Free, 400 IM, the 1500. They will take place after the final event of the meet. The BONUS Events will not be included in team points or be eligible for awards. Open to 11+. Each swimmer must provide their own timer and their own counter. PAC Dolphins will provide the lap counting hardware.
- 400 Free - Will use lap counting hardware due to this being a developmental meet.

Additional Information:

Heats will be pre-seeded and mixed gender.

Event List:

50 Free - open
25 Fly - open
200 Fly - 11+
25 Back - open
200 Back - 11+
25 Breast - open
200 Breast - 11+
25 Free - open
200 Free - 11+
100 Free Relay - 8 & Under, 9-12, 13-18, 19+
100 IM - open
50 Fly - open
100 Fly - 11+
50 Back - open
100 Back - 11+
50 Breast - open
100 Breast - 11+
200 IM - open
100 Free - open
100 Medley Relay - 8 & Under, 9-12, 13-18, 19+

Bonus Events - after meet concludes.

400 Free - 11+

- We will allow lap counters for the 400 due to this being a developmental meet.
- Limited to 16 swimmers.
- Swimmer must provide own lap counter.
- Please no NT. Submit a stopwatch time from practice.

400 IM - 11+

- Limited to 16 swimmers.
- Please no NT. Submit a stopwatch time from practice.

1500 - 11+

- Limited to 16 swimmers.
- Must provide own timer and card turner.
- Please no NT. Submit a stopwatch time from practice.

Warm Up

7am-9:15am - Times will be determined after the entries are received.

Meet start time

The meet will begin at 9:30.

Schedule & Procedures:

Each team will be assigned specific warm up times and lanes prior to the meet start. Times are tentative as the # of swimmers may vary. Feet first entry unless during designated starts.

Location:

Pocahontas Aquatic Center
Geneva Drive
Pocahontas, AR 72455

Official Information:

Meet Referee: Michael Lawhon
Meet Director: Sara Frazier
Meet Starter: TBD

Any officiating help from visiting teams will be greatly appreciated!

Timing:

Colorado Electronic Touch Pads at finish end with SST back up plunger, SST timing console, and 1 stop watch backups per lane. One timer per lane.

Age Divisions:

6 & Under, 7-8, 9-10, 11-12, 13-14, 15-18, 19+

*6&U will be considered exhibition unless they are entered in the 7-8 division.

Relays will be 8 & Under, 9-12, 13-18, 19+ with the stipulation that relay members be in those specific age groups.

Individual events that are shown as multiple age groups will be swum together but scored as age divisions. The swimmers age as of April 10th, 2021 will determine their age division.

Award Information:

- High Point Awards will be given to: 1st- 4th place individual boy and girl for each age division
- Team Award 1st – 3rd place Teams with High Points (Combined Boys and Girls Score)
- Individual Ribbons will be given for 1st-8th Boy and Girl for each age division and event.
- Relay Ribbons will be given for 1st-4th.
- Awards will be mailed to the teams after the meet.

Rules and Safety:

This is an AAU sanctioned meet and USA Swimming rules shall govern the meet. Possessing a still or video camera or a cell phone with video capability is absolutely prohibited in all dressing areas, locker rooms, bathrooms, or any other location where swimmers may be dressing. Any person found possessing such devices in these areas will be asked to leave the meet. Please remind parents that any concerns should be directed to their child's coach and NOT to any officials or coaches of other teams.

NO alcohol, vaping, or smoking in the Pocahontas Aquatic Center.

Concessions: NO concessions will be available.

Pro Shop: Swim Shop will be available in the lobby.

Hospitality: Hospitality will be limited to bottled drinks and prepackaged snacks for coaches and officials.

Live Stream: This meet will be available for free live stream viewing on the team Twitch Account. Please go to <https://www.twitch.tv/pacdolphins>

Location Information:

- Parking is available at multiple locations and signs will direct you towards additional areas.
- Seating will be assigned to teams on the bleachers for swimmers. Chairs are NOT permitted in the pool area. Do not block any emergency exits or equipment. **There will be a designated area for spectators and canopies OUTSIDE.** All personal chairs and canopies need to be removed after each session. Neither the PAC Dolphins or the facility will be responsible for lost, damaged, or stolen items.

Pool:

The indoor competition pool is 25 meters and contains 8 lanes.

- Restrooms are located in the hallway.

- FIRST AID station is available in the lobby.
- Heat Sheets will be emailed to teams, posted at the pool and available on www.pacdolphins.com.
- Meet Mobile will be available.

COVID-19

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

AAU & the PAC Dolphins, cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS AAU and the PAC DOLPHINS AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE, OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

We want to do the best we can right now and know it is impossible to make everyone happy. Please follow the guidelines for the meet. We want to be able to hold more meets and this is a place to start.

- **Masks or a face shield must be worn by every person on the pool deck unless they are about to compete. Please bring a Ziploc bag or small container to store masks in while racing.**
- Spectators and parents must view the races from the parking lot side of the pool and stay outside the doors.
- Relays will have one empty lane between each team.
- Please remember to social distance.
- The plans we have in place allow us to follow the local guidelines and state directives.
- We will learn from this meet and improve upon it going forward.
- A Bullpen will be used. This is a staging area for swimmers.
- Please do not set chairs up on the sidewalk. Unfortunately, this will block the view of the meet. Everyone would like the chance to watch their kids compete.
- This meet will be live streamed. Family can watch it from anywhere.

Preliminary layout as of 3.9.2021 with less than 80 swimmers.

Meet layout will be adjusted based on the fluidity of the guidelines and the quantity of registered swimmers in the meet.

Family seating.
Please remember
to social distance
Chairs & Tents in this area.

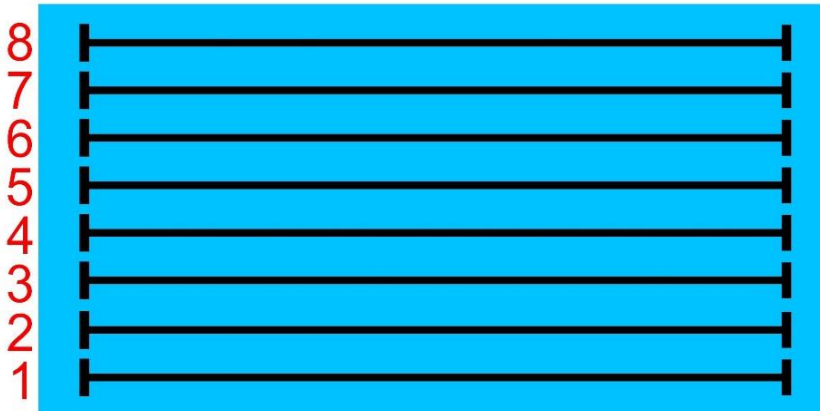
BARRICADE

*Scale is off.
For general information.
Please park at the
community center.

Spectator viewing. Must stay on parking lot side of the doors.

Coaches

Bleacher space assigned by # of swimmers



25's start @ turn end

Therapy Pool

Computer table

Bleacher space assigned by # of swimmers

Bullpen

Only Swimmers
& meet official