

## 2nd Annual Dolphins Winter Invitational

Saturday, December 9, 2017

Pocahontas Aquatic Center

Hosted by: PAC Dolphins Swim Team

? This event is licensed by the Amateur Athletic Union of the U.S., Inc. (Event Code: Sanction Pending)

? All participants must have a current AAU membership.

? AAU membership may not be included as part of the entry fee to the event.

? AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.

Meet Director: Sara Frazier E-mail: [wsfrazier@live.com](mailto:wsfrazier@live.com)

Date & Start Time: Saturday, December 9th, 2017. Meet start @ 9 am.

Location: Pocahontas Aquatic Center, 300 Geneva Dr, Pocahontas, AR

Facility: 25 meter pool with 8 lanes. The 2<sup>nd</sup> and 4<sup>th</sup> swimmers in the 100 meter relays may want to start in the water because of the pool depth. Also, all the 25 events will start at the "shallow" end. Swimmers will not be allowed in the therapeutic pool or in the water park area.

Bullpen: No bull pen will be used.

Eligibility: AAU registered athletes. The age of the swimmer as of Saturday, December 9th will be the athlete's competition age.

Age Divisions: 8 & under, 9-10 years, 11-12 years, 13-14 years, 15-18 years, & 18 & over. Relays will be 8 & under and 10 & under (100 meters), 12 & under, 14 & under, 18 & under, and 19 & over (200 meters).

Events: All events will be TIMED FINALS. Submit swimmer's best SHORT COURSE METER times to ensure proper seeding. All events are open to all age groups. This meet will be pre-seeded. All ages will swim together. Events will be scored separately by age groups.

Awards: Individual Events: Ribbons will be awarded for 1<sup>st</sup>-8<sup>th</sup> place in all age groups. Relay Events: Ribbons will be awarded for 1<sup>st</sup> – 6<sup>rd</sup> place. Heat Ribbons will be awarded to the winner of each heat for each event.

Scoring: Individual Events: 9-7-6-5-4-3-2-1                      Relays: 18-14-12-10-8-6-4-2

Results: Will be posted between the pool and lobby though out the day.

Warm-up Times: Warm up times will be sent out after entries are received.

Entry Limit: Each swimmer may swim a maximum of five (5) individual events and two (2) relays.

Entry Deadline: Entries must be submitted no later than 6:00 pm on Monday, December 4, 2017. Deck entries will be accepted for events if the swimmer is already registered for the meet, and if there is an empty

lane. No new heats will be created.

Entry Fee: \$35/swimmer.

Send Entries To: Sara Frazier [wsfrazier@live.com](mailto:wsfrazier@live.com)

Contact Telephone numbers: Sara Frazier 870-892-8799 or 870-810-2110

Rules and Safety: This is an AAU sanctioned meet and USA rules shall govern the meet. Possessing a still or video camera or a cell phone with video capability is absolutely prohibited in all dressing areas, locker rooms, bathrooms, or any other location where swimmers may be dressing. Any person found possessing such devices in these areas will be asked to leave the meet. Please remind parents that any concerns should be directed to their child's coach and NOT to any officials or coaches of other teams.

NO alcohol or smoking in the Pocahontas Aquatic Center.

Concessions: NO GLASS CONTAINERS WILL BE ALLOWED ON THE POOL DECK. Concession stand will be available

Pro Shop: Swim Shop will be available. Limited quantities of meet shirts and meet caps will be available for purchase in pro shop. Pre-Order is available. Deadline for pre-order is November 17<sup>th</sup>. To pre-order go to: <http://www.pacdolphins.com/2nd-annual-winter-invite.html>

Hospitality: Limited Hospitality will be available. Drinks and snack mix will be provided for the coaches, Officials, and Timers

Meet Director: Sara Frazier

Referee:

Starter:

Timers and Officials: We will need two (2) timers per lane since we will be using a timing system with plungers and stopwatches. Once entries are received and our swimmers families are signed up, we will let you know how many timers your team will need to provide. It is recommended that your team submit a timer's sheet to the announcer the day of the meet to insure that there are plenty of timers from your team. Also, each team must provide as many stroke and turn judges as possible.

Meetings: Stroke & Turn Judges: 8:30 am Hospitality

Timers: 8:30 am behind the blocks

Coaches: 8:45 am Hospitality

## MEET SHIRT

Pre-orders will be accepted through Friday, November 17<sup>th</sup> at 5:00 pm. Long-sleeve and short sleeve shirts available. Shirts will be black with white and red design. Limited number of shirts and sizes will be available in the swim shop the day of the meet.

To order go to: <http://www.pacdolphins.com/2nd-annual-winter-invite.html>



Youth Small – Youth XL & Adult Small – Adult 5XL available

Short Sleeve: \$15

Long Sleeve: \$20

## MEET CAP

Pre-orders will be accepted through Friday, November 17<sup>th</sup>. Design will be white cap with black and red design. Limited number available in pro shop day of the meet.

To order go to: <http://www.pacdolphins.com/2nd-annual-winter-invite.html>



Cap: \$7

### Event List

Girls	Event	Boys
1	100 Meter Free Relay 8 & Under	2
3	100 Meter Free Relay 10 & Under	4
5	200 Meter Free Relay 12 & Under	6
7	200 Meter Free Relay 14 & Under	8
9	200 Meter Free Relay 18 & Under	10
11	200 Meter Free Relay 19 & Over	12
13	25 Freestyle	14
15	50 Freestyle	16
17	25 Butterfly	18
19	50 Butterfly	20
21	100 Butterfly	22
23	100 IM	24
25	100 Freestyle	26
27	25 Backstroke	28
29	50 Backstroke	30
31	100 Backstroke	32
33	25 Breaststroke	34
35	50 Breaststroke	36
37	100 Breaststroke	38
39	200 IM	40
41	100 Meter Medley Relay 8 & under	42
43	100 Meter Medley Relay 10 & under	44
45	200 Medley Relay 12 & under	46
47	200 Medley Relay 14 & under	48

49	200 Medley Relay 18 & under	50
51	200 Medley Relay 19 & over	52